

July 2008

SENIORS ON THE MOVE

From The Directors Desk:

Email the East Haven Senior Center

ehseniorcenter@aol.com

Links:

Senior Center web page

www.townofeasthavenct.org/seniors.html

Visiting Nurse Association (VNA)

www.connecticuthomecare.com

WE ARE CLOSED ON FRIDAY JULY 4TH

Rules of the Lunch Program:

1. Daily Lunches **must** be ordered **by noon** the day before.
2. **DO NOT** give any portion of your lunch away.
3. **Do not** approach anyone eating if you are not sitting for lunch.
4. **DO NOT** touch anyone else's card.
5. In order to be at the lunch tables or eat anything served you **MUST ORDER YOUR OWN LUNCH.**
6. Nothing is to be removed from the tables.

Bingo Specials this month are Friday July 11 and the 25th

Friday July 18th, Healthnet is sponsoring an afternoon with "BOB MEL" taking us back on memory lane with "Airport Memorial" show. Free Pop Corn will be served while we enjoy the show.

Senior Center Rides to and from the center (from your home) Shopping Weekly. We now have a bus (from GNHTD) every Tuesday at 10:45 am to bring anyone here to New Haven Super Walmart Aerobics, Line Dancing, Bingo and lots of daily activities. All Seniors are Welcome.

COMING FOR AUGUST
ICE CREAM DAY FRIDAY AUGUST 15TH
We will sign up starting August 1st

TRIPS FOR 2008

Important Notice: If there is a trip you are interested in Please sign up Early. This will prevent us from having to cancel the trip due to Lack of interest. **We are trying Casino Special's at \$14.00.**

WE MUST HAVE A FULL BUS IN ORDER TO RUN THESE SPECIALS.

On most other trips we can share and won't have to cancel. I will be adding more trips as new ones become available

FOXWOODS.....AUGUST 13

July 27, 2008 SUNDAY.....Warner Theatre in Torrington, CT....we will see **“The King & I”** with the greatest performers and Enjoy a great meal with an entrée to be announced with all the trimmings at a local restaurant. \$78.00

July 29, HukeLau.....All You can Eat Lobster Buffet. \$86.00

We will depart at 10:15 AM...en route to Chicopee, MA and the Ku Ke Lau Restaurant & Dinner Theater. Upon arrival, you'll receive a Lei greeting by the Polynesian dancers who will entertain you later. Lunch today is an All-you-can-eat Seafood Buffet featuring Crab Legs, Prime Rib, Barbecue Chicken and *Lobster*, of course! Following lunch, you'll be entertained by the Polynesian dancers. You will temporarily feel transported to the islands of Hawaii. (Wish is were real) Enjoy the War Dances of Fiji, The Samoan Slap Dance and the Explosive Volcanic Dance. After the show, we will depart for the Holyoke Mall and the Christmas tree Shop located here. This store is well-known and a favorite to bargain hunters. You'll have some time to browse and perhaps purchase some Christmas gifts as well.. What a Day!
Home Approximate 6:30pm

August 5, 2008..Tuesday..... We will depart our area en route to **CHEZ JOSEF** in Mass. For a lovely day of delicious food and wonderful entertainment. Today we will enjoy a buffet of savory appetizers. Our entrée (Lobster Feast) is served complete with all the trimmings. After lunch we will enjoy today's show before heading home. Our Show “A Diamond is the Rough – A Tribute to Neil Diamond” – A true testament to the magic of America's greatest songwriter and vocalist. Neil Diamond. Celebrate the music of Neil with a tribute artist Charlie Lask. Lunch features Boiled Lobster and Barbequed Chicken. \$73.00

August 14, BOBBY VINTON AT AQUA TURF

We depart at 10:30am.....

Bobby Vinton, the Total Entertainer, musician, singer, actor, 75 million albums..It's "THE BOBBY VINTON SHOW! This fabulous entertainer electrifies the stage with his wonderful musical talents. This is a full scale production with a 10 piece orchestra. Thrill to Bobby's classic hits.....Enjoy the delicious lunch at the elegant Aqua Turf in Plantsville, CT
Family Style Menu: Garden Salad, Pasta, Chicken Piccata & Brioled Schrod with Cracker Crumb Topping, Veg. Potato, Rolls, Dessert, Beverage.
Home.....4:30pm \$89.00

August 15: Ice Cream Day at the Senior Center.....

**August 27..... Capt'n Jacks famous LOBSTERBAKE
MOHEGAN SUN WITH CASINO BONUS**

We will depart at 9:30 am first stop Cap'n Jack who calls all lobster lovers to Rhode Island to delve into RI style clam broth chowder, clam fritters, shrimp cocktail, corn, 1/4lb lobster....dessert, beverage
Alternate choice; Prime Rib (**in advance**)
We then continue on to Mohegan Sun & receive the existing bonus
Example: \$10. food coupon, %5. Keno, \$5. Match Play. stay of 5 hours
Home aprx. 8:00 pm

September 10.....Foxwoods

September 17.....The BIG E.....\$45.00

**September 21 – September 25, 2008 WILDWOOD, NEW JERSEY
\$329pp dbl**

5 days/4 nights
Package includes a 4 night accommodation in Wildwood
4 Full Breakfasts, 3 Dinners to include a Dinner Show, 1 BBQ Dinner with DJ Entertainment, Dinner, Entertainment & Dancing at Renault Winery....Cape May Trolley Tour
Visit to the Cape May Zoo....Visit to Atlantic City Casino with Best Available Bonus
Package....Beautiful, Historic, Victorian Cape May
Wildwood's Famous Three Mile Boardwalk....Wildwood's Beautiful beach...All Taxes & Baggage Handling...Deluxe Motor Coach Transportation... PRICE: \$329.00 pp double

September 17, 2008.....The Big E.....\$45.00

**October 7, 2008...Tuesday..... Gil Chimes Productions Presents,
“The Return of Vaudeville & The Big Band Era!.....**

We will depart our area en route to New Rochelle, New York. Over looking the Long Island Sound, we will enjoy a music filled day at the magnificent “Surf Club” Upon arrival, a complete luncheon is included featuring appetizer, salad, a choice of chicken, beef or fish, wine, soda, dessert and coffee. Today’s entertainment includes a Three Act Floor Show, Big Band, Line Dancing and much more. Gil Chimes has had a long and distinguished career. As a harmonica player, he has appeared with such show business notables as Tony Orlando, Joan Rivers, Pat Cooper, The Four Aces, Jack Fontana, The Four Lads, Joe Pesci, and too many others to mention. Gil’s harmonica has been heard on many TV Commercials and recording including the mega hit “Tie a Yellow Ribbon ‘Round the Old Oak Tree”. Gil is also an accomplished singer and entertainer. You are guaranteed a great day of food, fun and entertainment!! \$87.00

November 2---4, \$162.00.....Atlantic City.....Tropicana

Day One – We depart 8:00 AM with a breakfast stop en route, on own. We’ll arrive at the [TROPICANA CASINO AND RESORT](#) located on the Boardwalk, where you’ll receive your coupon for the incentive package listed below. The remainder of the day is yours to enjoy as you please!

Day Two: Today we’ll spend the day at another Atlantic city casino where you can try your luck. You can also stroll the Boardwalk, shop and explore the many other casinos throughout the remainder of the day.

Day Three: 11:00 AM is check-out time. Please have your bags ready 4:00 PM we’ll depart Atlantic City for home, making a stop on own for dinner. We will arrive home ap0roximately 9:00 PM

Includes: Deluxe Motorcoach Transportation, Hotel Accommodations, Taxes & Baggage Handling, \$10.00 coin Bonus, Buffet Brunch +Revue show admission (+if a show is not available, a drink coupon will be substituted.) An additional coin bonus for a 2nd casino...Driver’s Gratuity.

The Treasures of Ireland Stop in the office for a Full Detailed Informational Flyer.....Trip of a Lifetime.

And you don’t have to be Irish!

Upcoming Foxwoods: \$14.00 is BASED On A FULL BUS!

July 8, August 13, and September 10

JULY CELEBRATIONS

The origin of July's name -- July was originally called Quintilis meaning fifth because it was the fifth month in the early Roman calendar. In 44 B.C., July was named for Julius Caesar by Mark Antony, a Roman politician and general, to honor Caesar as his birthday fell on the 14th of this month.

1: Anniversary of the First U.S. Zoo (1874) The first U.S. zoo was the Philadelphia Zoological Society. Over 3000 people were there for opening day to see 1000 animals.

Birthday of Popeye (1929) Popeye, the sailor-man, was a creation of the artist Elzie Sagar. He first appeared in a 10 year old comic strip called "Thimble Theatre" which was based on Olive Oyl's family.

Creative Ice Cream Flavor Day.....halfway Point of 2008 – This day is celebrated a Half-year Day in China as a national holiday and Midyear day in Thailand.

National Postal Workers' Day.....and we have "The Best" Postal worker in the world.....[Thanks ANTHONY!](#)

2: I Forgot Day – This is a day to make up for all the forgotten birthdays, anniversaries, graduations etc. over the last year

3: August 11: Dog Days – These traditionally are the hottest days of the year. They were named "Dog Days" because in ancient Egypt they coincided with the appearance at sunrise of the Dog Star, Sirius. The people believed the star was the cause of the hot, sultry weather.....If true please stay in cool places use a hat if your outdoors and drink plenty of water

3: August 15: Air Conditioning Appreciation Days - Since the Dog Days are, generally, the hottest days in the northern Hemisphere, people can acknowledge the contribution of air conditioning.

4: National Country music Day.....U.S. Independence Day.....U.S. Let Freedom Ring..National Bell Ringing Ceremony.....[Happy 4th Everyone.](#) Don't forget we are closed today. Let Freedom Ring....

- 5: Anniversary of the Debut of the **Bikini** (1946) International Cherry Pit Spitting Championship, Tree-Mendus Fruit Farm, Eau Claire, MI 5-7: The Great International Chicken Wing Society Cookoff, Reno, NV.
- 6: Birthday of President George W. Bush (1946).....National Fried Chicken Day.....(go with grilled—it's healthier)
- 7: Father-daughter Take a Walk Day.....Go for it Pete , get Tami and take a nice long walk.....National Strawberry Sundae Day.....7 – 14: SPAIN: running of the Bulls, Pamplona, Spain
- 8: Anniversary of the First American Passport (1796) now we all need one!
- 9: National Sugar Cookie Day.....**oatmeal** cookie is **healthier**.....On this day in 1869, the corncob pipe was invented. The pipe is made from a special type of corn with smaller kernels on the cob. Presidents' Dwight Eisenhower and Gerald Ford and Popeye smoked corncob pipes
- 11: Anniversary of the TV Premiere of The Newlywed Game (1966) – Four newly married couples answered questions to predict what their spouses would say.
- 12: Anniversary of the TV Premiere of Family Feud (1976) Two sets of family members guessed the top answers to survey questions.....Birth Anniversary of Buckminster Fuller (1895-1983) – Fuller was an inventor, engineer, architect, and philosopher, and his geodesic dome is considered by many to be one of the most important structural innovations of the 20th century.....National Pecan Pie Day
- 13-19: National Laundry Workers/ Week.....(that would be for my DAD)
- 14: Anniversary of the Invention of the Tape Measure (1868) – Alvin Fellows of New Haven, CT is credited as the inventor of the tape measure.This is a busy month for inventions.....hurray for New Haven for this invention.
- 15: 79th Annual Major League Baseball All Star Game, Yankee Stadium, New York, NY (go Yankees).....Gummi Worm Day.....National Tapioca Pudding Day.....15-21: National Rabbit Week – This week is held to remind people that rabbits make great pets.
- 16: National Personal Chef Day.....*that's me*

17: On this day in 1955, Disneyland, America's first theme park, opened at Anaheim, CA. National Peach Ice Cream Day

18: Full Moon – The Colonial American names are summer moon, buck moon, thunder moon, hay moon, and mead moon. The Algonquin names are buck moon and thunder moon, and the Dakotah Sioux names are moon when chokeberries are red and middle of the summer moon.....National Caviar Day.....18-27: Cheyenne Frontier Days, Cheyenne, WY – This event has been held since 1897 and is the world's largest outdoor rodeo and western celebration known as the "Daddy of 'Em All."

19-20: Celebration of the Horse, Houston, TX

20: 40th Anniversary of the First International Special Olympics Competition, Chicago, IL (1968) Moon Day – This day is the anniversary of man's first landing on the moon. Apollo XI landed with the U.S. astronauts, Neil Armstrong and Edwin Aldrin, Jr. who walked on the moon. National Ice Cream Day.....National Lollipop Day

23: Birthday of the Ice Cream Cone (1904) – According to the International Ice Cream Association, this date is considered the real birthday of the ice cream cone because of the great stir it caused at the St. Louis World's Fair. Gorgeous Grandma Day – This day honors women who age with style.....That's you Rae, Bridge, Angie and all the lovely women at the senior center.....Hot Enough for Ya Day.....National Vanilla Ice Cream Day.....

24: Birthday of Instant Coffee (1938) yuck give me the real stuff please.....Cousins Day.....national Drive-thru Day – Jack in the Box restaurants is the sponsor of this day. This chain was the first major drive thru hamburger chain. The company was founded in California in 1951.....National Tell an OLD JOKE DAY.....

25-27: 30th Annual Gilroy Garlic Festival, Gilroy, CA

25-31: National Salad Week

26: Cow Appreciation day, Billings Farm & Museum, Woodstock, VT.....National Day of the Cowboy – This day honors cowboys and people who contribute to the Western culture including working cowboys and cowgirls, rodeo athletes, musicians, poets, artists, and ranchers.

27: Birthday of Bugs Bunny (1940) These lucky characters never do die!.....Parents/ Day.....Walk on Stilts Day

28: 50th Birth Anniversary of Terry Fox (1958-1981) Canadian Terry Fox had his right leg amputated at the age of 18 as a result of cancer. After that, he devoted his life to raising money for cancer. He planned a “Marathon of Hope” which was a 5,200 mile-run on an artificial leg that he started on April 12, 1980. He made it 3,328 miles (September 1, 1980) and raised \$24 million for cancer research. He had to stop the run because his cancer had spread.

28: 75th Anniversary of the Singing Telegram (1933) The singing telegram was delivered to singer Rudy Vallee on his 32nd birthday.....National Milk Chocolate Day

29: 50th Anniversary of the Creation of NASA (National Aeronautics and Space Administration, 1958).....National Lasagna Day..(on of my specialties)

30: Anniversary of the Introduction of Paperback Books (1935) Books bound in soft covers date back to 1841 when the first one was introduced in Leipzig, Germany. The modern paperback revolution dates to the publication of the first Penguin paperback, Ariel, A Life of Shelley by Andre Maurois.
.....national Cheesecake Day.....

30 - August 3: World’s Fair of Money, Baltimore, MD – This event is sponsored by the American Numismatic Association and is touted as the “Greatest Money Show on Earth” with over 1,100 coin and paper money dealers and exhibits showcasing mints from around the world and other educational programs.

31: Birthday of Shredded Wheat (1893).....National Raspberry Cake Day